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Being noisy in a crowd: differential selective pressure on gene expression noise in model gene regulatory networks

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Abstract

Expression noise, the variability of the amount of gene product among isogenic cells grown in identical 2 conditions, originates from the inherent stochasticity of diffusion and binding of the molecular players 3 involved in transcription and translation. It has been shown that expression noise is an evolvable 4 trait and that central genes exhibit less noise than peripheral genes in gene networks. A possible 5 explanation for this pattern is increased selective pressure on central genes since they propagate their 6 noise to downstream targets, leading to noise amplification. To test this hypothesis, we developed 7 a new gene regulatory network model with inheritable stochastic gene expression and simulated 8 the evolution of gene-specific expression noise under constraint at the network level. Stabilizing 9 selection was imposed on the expression level of all genes in the network and rounds of mutation, 10 selection, replication and recombination were performed. We observed that local network features 11 affect both the probability to respond to selection, and the strength of the selective pressure acting 12 on individual genes. In particular, the reduction of gene-specific expression noise as a response 13 to stabilizing selection on the mean expression is higher in genes with higher centrality metrics. 14 Furthermore, global topological structures such as network diameter, centralization and average 15 degree affect the average expression variance and average selective pressure acting on constituent 16 genes. Our results demonstrate that selection at the network level leads to differential selective 17 pressure at the gene level, and local and global network characteristics are an essential component 18 of gene-specific expression noise evolution. 19

Introduction

Living beings are complex systems constituted of many genes that interact with each other and 21 the environment to create an organism. From prokaryotes with a few hundred essential genes, to 22 eukaryotes with possibly several thousands, cells require many gene products to work together 23 to perform housekeeping functions and to replicate. Fine-tuned molecular processes, generally 24 referred to as *gene expression*, ensure how, where and when these products are generated. However, 25 gene expression is an inherently noisy process (1, 2), which involves many steps where molecules 26 participating in the expression machinery diffuse and bind to target molecules. Additionally, these 27 molecules are often present in small copy numbers, increasing the susceptibility of gene expression 28 to stochastic events. Consequently, there is a variation in gene expression levels among cells, even if 29 they are isogenic and grown in a homogeneous environment, and this inevitable variation has been 30 termed *gene expression noise*. Organisms have to express hundreds of genes, each one of which is 31 noisy – raising the question of how they evolved to cope with this inevitable noise. 32

The expression noise level of a particular gene may be decomposed into two components, called 33 *extrinsic* and *intrinsic*. Extrinsic noise affects all genes equally and results from the sharing of 34 key molecules, such as RNA polymerases and ribosomes, by all genes in the expression process, 35 as well as, for instance, differences in cell size and phase in the cell cycle. Intrinsic noise is gene-36 specific and results from different chromatin states, cis-regulatory elements and kinetic parameters 37 of transcription and translation of each gene (3). Minor sequence mutations can have a significant 38 effect on the level of expression noise. For example, a small number of single-nucleotide changes in a 39 transcription factor binding site were reported to have a large effect on the expression noise level (4). 40 Since (i) there is variation in the level of intrinsic noise of genes, and (ii) intrinsic noise is genetically 41 determined – and, therefore, heritable – gene expression noise can be shaped by natural selection. 42

Evidence of selection on expression noise was first seen in the fact that dosage-sensitive genes (5) 43 and essential genes exhibit lower levels of expression noise (6; 7). Intrinsic noise was also reported to 44

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correlate with the strength of selection acting on the encoded protein. Namely, proteins with a lower 45 ratio of non-synonymous over synonymous substitution rate (Ka/Ks) have a lower level of expression 46 noise (8). Changes in the expression noise of a single gene may be either beneficial or deleterious, 47 depending on how far its mean expression is from the optimal expression level (9). Expression 48 noise is deleterious if the mean expression level is close to the optimal, as higher variation, in this 49 case, generates a larger number of less fit individuals, reducing the population fitness. Conversely, 50 expression noise can be beneficial if the mean expression level is far from the optimum, as noisy 51 genes are more likely to generate cells with an expression level closer to the optimum. Noisy gene 52 expression can thus be part of a bet-hedging strategy and was observed in genes involved in immune 53 and environmental response (10). The fitness cost of changes in the level of expression noise in the 54 fitness landscapes of ≈ 30 yeast genes have been shown to be on the same order as fitness costs of 55 changes in mean expression level (11). Since the fitness effect of different levels of expression noise 56 can be as detrimental as different mean expression levels, which are thought to be extensively under 57 selection (12), it can be assumed that expression noise is extensively under selection genome-wide. 58 Prevalent selection on expression noise has been demonstrated in naturally segregating promoter 59 variants of $E. \ coli \ (13).$ 60

The phenotype (and, therefore, the fitness) of an organism depends on the interaction of many 61 genes. As a result, genes do not evolve independently, and the selective pressure acting on a gene's 62 intrinsic noise depends on its interactions with other genes. Understanding the evolution of gene 63 expression noise requires accounting for such gene-to-gene interactions, commonly depicted by a 64 gene network. The propagation of noise from gene to gene in the network was established both 65 theoretically and experimentally (14; 15). Genes with many connections propagate their noise to a 66 more substantial extent than genes with fewer connections and, therefore, contribute more to the 67 global noise levels of the network. Gene networks are robust to variation in the expression level 68 of their system components to some degree, but at a critical point the global noise of the network 69 becomes too high and leads to network collapse. Selection against noise at the network level was, 70 therefore, hypothesized to result in stronger constraints on the intrinsic noise of highly connected 71 genes (8). Moreover, the topological structure of the network has been shown to affect the pattern 72 of noise propagation (16), suggesting that the topology of the network might impose additional 73 selective constraints on the constituent genes. 74

Here, we test the hypothesis that expression noise of highly connected genes in gene networks 75 is under stronger selective pressure than expression noise in peripheral genes using an *in silico* 76 evolutionary experiment. We introduce a new gene regulatory network evolution model, which 77 includes an evolvable component of stochastic gene expression, and use it to evolve thousands of 78 network topology samples over 10,000 generations. These simulations showed that highly connected 79 genes have a more constrained intrinsic expression noise. They further revealed that not all genes 80 might evolve in response to network-level selection, and the probability that they do so depends 81 on local network properties. Lastly, the average selective pressure acting on genes in a network is 82 affected by topological features such as network diameter, centralization and average degree. 83

Materials and methods

We introduce a new gene regulatory network model that incorporates intrinsic expression noise. We then use this model within a forward simulation framework to simulate the evolution of populations of networks with mutable levels of intrinsic expression noise. These simulations allow us to study how the selective pressure acting on expression noise varies within the regulatory network.

A gene regulatory network model with stochastic gene expression

To investigate the evolution of stochastic gene expression in gene regulatory networks, we first extend Wagner's gene network model (17) to integrate gene-specific expression noise. 91

We model a network of n genes (n = 40 in this study) defined by a regulatory matrix W =92 $(w_{ij})_{1 \le i \le n, 1 \le j \le n}$, and a vector of intrinsic, gene-specific noise $\{\eta_i^{\text{int}}\}_{1 \le i \le n}$. Each element w_{ij} of the 93 regulatory matrix W defines the regulatory effect of gene j on gene i. The value of w_{ij} is a real 94 number and is referred to as regulatory strength of gene j on gene i. In case $w_{ij} > 0$, gene j is an 95 activator of gene i and increases its expression level. Conversely, when $w_{ij} < 0$, gene j is a repressor 96 of gene i and decreases its expression level. Lastly, if $w_{ij} = 0$, gene i is not regulated by gene j and 97 gene j has no effect on expression level of gene i. Two genes i and j are connected by an edge in the 98 network if at least one of w_{ij} and w_{ji} is non-null. The intrinsic noise vector $\{\eta_i^{\text{int}}\}_{1 \le i \le n}$ defines the 99 gene-specific expression noise of each gene in the network. The regulatory matrix and the intrinsic 100 noise vector together constitute a unique genotype in this modeling framework (Fig 1A). 101

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The phenotype (the expression level of each gene) in the model is represented by a state vector 103 $\{S_i\}_{1 \le i \le n} = \{s_1, s_2, \dots, s_n\}$, which describes the expression level of each gene. The state vector at 104 t_0 is set to an arbitrary basal expression level value $(\{S_i^0\}_{1 \le i \le n} = \{S_i^{basal}\}_{1 \le i \le n} = \{20, ..., 20\}$ in 105 this study). In every time step t ($1 \le t \le T_r$, with $T_r = 50$ in this study), the expression level of 106 each gene is recomputed. The cumulative effect of all transcription factors in the expression level of 107 each gene is considered to be additive, *i.e.* we assume there is no cooperative or competitive binding 108 of transcription factors to transcription factor binding sites. The activation rate $a_i(t)$ is defined as 109 the sum of all effects the regulators of gene i have on its expression level at time step t: 110

$$a_i(t) = \sum_{j=1}^n w_{ij} \cdot s_j(t),\tag{1}$$

in which case the dynamic equation for the expression level of each gene in the following time step is: 111

$$s_i(t+1) \sim \mathcal{N}\left(s_i^{basal} + a_i(t), \eta_i^{int}\right).$$
⁽²⁾

In every time step the expression level of a gene is drawn from a normal distribution, where the mean 112 equals the sum of basal expression level (s_i^{basal}) and activation rate $(a_i(t))$, and the variance equals 113 the gene noise genotype (η_i^{int}) . If the expression level value drawn from the normal distribution 114 is below the minimal $(s_{min} = 0)$ or above the maximal expression level $(s_{max} = 100)$, it is set 115 to the minimal or maximal expression level, respectively. The expression levels of all genes are 116 synchronously updated in each time step. The steady state expression levels are invariant to whether 117 the expression levels of each gene are updated synchronously or asynchronously (SI Section 1.2, 118 Fig S1A and Fig S2). Similarly, mean expression level, expression variance, CV, noise and Fano 119 factor are invariant to the updating mode (Fig S1B-F). The model may be realized as stochastic or 120 deterministic, depending on the noise parameter values (Fig 1B). 121

Forward-in-time simulation of expression noise evolution

To investigate how gene-specific expression noise of constituent genes responds to stabilizing selection 123 at the network level, we used the newly introduced model to perform forward-in-time evolutionary 124



Fig 1. The evolution of gene-specific expression noise was simulated using populations of model gene regulatory networks with mutable levels of gene-specific expression noise under selective and non-selective conditions. A - Gene regulatory network model. The genotype consists of the intrinsic noise vector η^{int} and regulatory matrix W. The intrinsic noise vector defines the gene-specific expression variance of each gene in the network. The regulatory matrix defines the regulatory interactions in the network. The genotype is realized into the phenotype using the dynamical equation described in the main text. The phenotype is given by the state vector S, which represents the expression level of each gene in the network. \mathbf{B} - Deterministic (left) and stochastic (right) realizations of the model. C - Steps of the evolutionary simulation process. Each established network configuration was used as a founding network for the network populations used in the noise evolution simulation. In every generation, genotypes are realized and phenotypes (expression levels) are sampled from the last time step. Fitness is calculated from the expression levels. If the populations are evolved under selection, fitness is calculated as the distance of the expression level of each gene from the optimal expression level. Genotypes are reproduced based on their relative fitness and mutations in the intrinsic noise vectors are introduced. Noise genotype vectors are recombined by randomly choosing individuals for recombination and shuffling their noise vectors. The process is repeated for 10.000 generations. **D** - Algorithm overview.

simulations in which we allow the gene-specific noise levels to mutate. An *in silico* evolutionary process consisting of rounds of mutation, selection, recombination and replication events of a population of N(N = 1,000) in this study) individuals was performed for T(T = 10,000) generations (Fig 1C). ¹²⁵

We first generated network topologies that would serve as the founding network for the populations 128 in our simulations. We generated 2,000 random (Erdős–Rényi model) network topologies of 40 nodes 129 with regulatory strength values drawn from a uniform distribution $\mathcal{U}(-3,3)$. The network density 130 was d = 0.05. Only connected network graphs were used, meaning there is only one component 131 and there are no disconnected subgraphs. In order to assess the effect of the topology structure on 132 the evolution of expression noise, we also generated an additional 1,000 scale-free (Barabási–Albert 133 model) and 1.000 small-world (Watts-Strogatz model) network topologies with the same size and 134 density. Both random and small-world networks are characterized by a Poisson degree distribution 135 and short mean shortest path length, but random networks have a low clustering coefficient, while 136 small-world networks have a high clustering coefficient. Scale-free networks are characterized by a 137 degree distribution that follows a power law. Real-world networks exhibit degree distributions similar 138 to power-law distributions, high clustering and short path lengths. As such, real-world networks 139 have features of both scale-free and small-world networks (18). 140

In the simulation of expression noise evolution the regulatory interactions were immutable and the values of the noise genotype vectors were allowed to mutate. Stabilizing selection was imposed and constituent genes by setting the value of optimal expression level as the mean equilibrium sexpression level of each gene. The fitness F(s) of a phenotype s was calculated as in Laarits et al. (19), where fitness is defined as the distance from the optimal expression state vector $\{s_i^{opt}\}_{1 \le i \le n}$. (14) weighted by the selective pressure given by $\{\rho_i\}_{1 \le i \le n}$:

$$F(s) = e^{-\sum_{i=1}^{n} |s_i^{opt} - s_i|/(n\rho_i)}$$
(3)

The selective pressure parameters $\{\rho_i\}_{1 \le i \le n}$ define the contribution of each gene to the fitness of 147 the phenotype. In this study, the strength of the imposed selective pressure is set to be identical 148 for all constituent genes ($\forall i \rho_i = 1$). Since the strength of the selective pressure we impose on all 149 genes is identical, any differences in the evolutionary outcome we observe after removing the effect of 150 drift will be due to gene differences in their network interactions. Individuals were reproduced into 151 the next generation with a probability equal to their relative phenotype fitness. The fitness of all 152 phenotypes in populations evolved under non-selective conditions was set to an equal constant value, 153 regardless of gene expression levels. Mutations were introduced at a rate μ_n ($\mu_n = 0.01$) per gene per 154 replication event. The values for noise genotype mutations were drawn from a normal distribution 155 $\mathcal{N}(100, 40)$. Recombination was implemented by choosing a random offspring individual at a rate r 156 (r = 0.05) and introducing a random break point in the linear genome. The genotype values in the 157 genome segment defined by the break point were then exchanged with another randomly chosen 158 individual from the offspring population. A constant population size N (N = 1,000) was maintained. 159 To account for the effect of genetic drift, the noise evolution simulations of each founding network 160 population were replicated 10 times under selection and 10 times under neutrality. 161

We found that the expression level of most genes in networks with random configurations converge to either s_{min} or s_{max} under a deterministic realization. The measurement of variance of genes that are either not expressed at all or expressed at the maximal level would be impaired since their expression range is constrained by the lower and upper expression level boundary. Since the study of expression variance is our main focus, we added a network establishment step before the noise evolution simulations, in which we subject the network regulatory matrix to mutation and selection for intermediate expression levels. During the network establishment step networks are realized 168 deterministically, *i.e.* the intrinsic noise genotype of all genes is 0. Networks with intermediate 169 steady state expression levels were established through the evolutionary process by imposing a target 170 expression level $(\{s_i^{opt}\}_{1 \le i \le n} = \{50, ..., 50\})$ for all genes and allowing the strength of regulatory 171 interactions to mutate. Mutations were introduced at a rate μ_w ($\mu_w = 0.05$) in non-zero entries in 172 the regulatory matrix, preserving the network topology structure (Erdős–Rényi, Barabási–Albert, or 173 Watts–Strogatz model). The values for regulatory strength mutations were drawn from a normal 174 distribution $\mathcal{N}(0,2)$. Recombination was not implemented at this stage. Fitness of each individual 175 was computed as the distance of the phenotype to the optimal expression state vector using Eq.1. 176 Individuals were reproduced with a probability equal to the relative fitness and the population size 177 kept constant. Network regulatory configurations in which the expression level of all genes would 178 not converge to a fixed point and would oscillate were removed by setting their fitness value to 0. 179 Expression level dynamics were termed oscillating if the sum of the differences between expression 180 level in the last time step and previous τ time steps ($\tau = 10$) was higher than ϵ ($\epsilon = 10^{-6}$). A stable, 181 *i.e.* non-oscillating, expression level dynamics satisfied the following criterion (19): 182

$$\Phi(S(t)) = \frac{1}{\tau} \sum_{\theta=t-\tau}^{t} D(S(\theta), S(t)) < \epsilon$$
(4)

where D is the distance between two vectors $D(S^1, S^2) = \sum_{i=1}^n |S_i^1 - S_i^2|/n$.

The network establishment process consisting of rounds of mutation, selection and reproduction of a population of N (N = 1,000) individuals was performed for T (T = 10,000) generations, for each network topology. The network regulatory configuration with the highest fitness was chosen from the evolved population and this network configuration was used to generate the starting network population for the noise evolution simulations.

The gene network model and evolutionary simulations were implemented in C++ and the source 189 code is available at https://gitlab.gwdg.de/molsysevol/supplementarydata_expressionnoise/ 190 cpp. 191

Analysis of simulation results: expression noise and network centrality measures 192

The evolutionary outcomes (*i.e.* the change of phenotypes and genotypes) were measured as change of expression noise and selective pressure for each network, respectively. Expression noise in the first and last generation in each evolved population was measured as the variance of the population expression level states for each gene. The change of expression noise (phenotypic evolution) between the first and last generation was measured as the relative change of expression noise, calculated as the difference of expression variance between the first and last generation divided by their sum $(\sigma_{gen1}^2 - \sigma_{gen10k}^2)/(\sigma_{gen1}^2 + \sigma_{gen10k}^2)$. The selective pressure (genotypic evolution) acting on each gene was measured as the average 200

The selective pressure (genotypic evolution) acting on each gene was measured as the average change of noise genotype in every second generation relative to the starting level (Fig 1C). To compare the effect of node centrality on the selective pressure acting on constituent genes, we computed node-level network centrality measures for each node in the networks. We focused our analysis on two local network centrality measures, node instrength and outstrength, but over 30 network centrality measures were analyzed (SI Section 2). Instrength of node *i* is measure of the strength and number of in-going links, *i.e.* how strongly a gene is being regulated: 200

Instrength(i) =
$$\sum_{j}^{n} |w_{ij}|.$$
 (5)

Conversely, the outstrength of node j is a measure of the strength and number of outgoing links, *i.e.* ²⁰⁷ how strongly a gene regulates other genes downstream: ²⁰⁸

$$Outstrength(j) = \sum_{i}^{n} |w_{ij}|.$$
(6)

Further, we computed global graph-level metrics, such as mean graph distance and performed a principal component analysis to reduce the dimensionality (SI Section 2.2). The results were analysed in R 3.6.3 (20). Network analyses were performed using the igraph 1.2.4.2 (21) and statnet 211 2019.6 (22) packages. Principal component analysis was performed using the ade4 1.7.15 (23) 212 package. 213

Analysis of simulation results: linear modeling

We fitted linear mixed-effects models using network centrality measures as fixed effect variables and 215 the network topology sample as a random effect variable, allowing for control of intra-network corre-216 lation in the response variable. We tested different transformations of the response and explanatory 217 variables in order to improve linearity, and variance structures to account for heteroskedasticity of 218 the residuals. A model where the residual variance was an exponential function of the node absolute 219 instrength was shown to provide the best fit according to the minimal Akaike's Information criterion 220 and was used for all subsequent models (SI Section 3). Two types of models were fitted: a logistic 221 regression where the response variable was set to whether a gene answered to selection or not, and 222 standard regressions that used expression variance, relative change of expression variance or selective 223 pressure as response variables. Linear mixed-effect modelling was performed using the nlme 3.1.144 224 (24) and lme4 1.1.27.1 (25) packages. Marginal and conditional R^2 values were computed using 225 the MuMIn 1.43.17 (26) package. Network centrality measures used as explanatory variables in 226 our linear models were correlated (Pearson's r = -0.17, p-value $< 2.2 \times 10^{-16}$, SI Fig 7B), so we 227 computed the variance inflation factor (VIF) using the car 3.0.11 (27) package. The VIF of all 228 linear models was less than 3; therefore, colinearity was considered to have negligible impact on 229 the inferred statistical significance (28). To improve homoskedasticity of the residuals in the linear 230 models, we also performed each model fit on two filtered datasets: one in which genes with zero 231 values of instrength or outstrength were removed, and one in which only genes with zero values of 232 instrength or outstrength were kept. The same pattern of effects and significance is observed in the 233 filtered as in the main dataset, so we included the results of the complete dataset in the main text 234 and reported the results of the reduced dataset in the supplementary information (SI Section 5). 235

Finally, since in some cases variable transformation, heterogeneous variance modeling and data 236 filtering did not ensure normality and independence of the residuals, we assessed the amount of 237 resulting bias in the estimation of p-values using a randomization test, in which we fitted a selected 238 model on 10,000 permuted datasets. We chose the model of relative noise change (SI Section 3.2), 239 as the corresponding residuals were significantly departing normality (Shapiro-Wilk test, p-value 240 $< 2.2 \times 10^{-16}$) and independence (Box-Ljung test, p-value = 8.9×10^{-7}). For each permutation, we 241 shuffled the values of the response variable (relative change of variance) within each network topology, 242 which removes the effect of network metrics on the change of noise, but preserves the distributions 243 of each metric per network, as well as putative colinearity between explanatory variables. Using 244 $\alpha = 0.05$ as a significance cutoff value, we found a false discovery rate (FDR) of 6.0% for the effect 245 of instrength and and 6.7% for the effect of outstrength. While these values are above the expected 246 5%, the FDR inflation was found to be relatively low and we concluded that the non-normality of 247 residuals did not affect our conclusions. 248

Analysis of simulation results: information-based metrics

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As an additional line of evidence, we calculated mutual information between the expression noise 250 and centrality metrics using the infotheo 1.2.0 (29) package. Monte Carlo permutation tests with 251 10,000 permutations were used to compute p-values for the significance of the mutual information 252 between each pair of tested variables. The simulation results data and the code necessary to 253 reproduce all figures is available at https://doi.org/10.5281/zenodo.6939845, together with the 254 the code necessary to generate all raw simulation files. 255

Results

To investigate the evolution of gene-specific expression noise in gene networks, we introduced a new 257 gene regulatory model with stochastic gene expression. This model extends Wagner's model (17) 258 by adding node-specific intrinsic noise parameters (Fig 1A-B). In this framework, the phenotype 259 is represented by the expression level of each gene, and is the realization of a random distribution 260 determined by the genotype. The fitness of an individual is further determined by its distance to 261 an optimal phenotype, therefore, stabilizing selection is implemented as acting on the expression 262 level. We used this model to simulate the evolution of populations of gene regulatory networks 263 with mutable levels of gene-specific expression noise under selective and non-selective conditions 264 (Fig 1C-D), and assessed how node properties affect the evolution of intrinsic noise. 265

Expression noise propagates along the regulatory network

We first investigated how noise propagated in the model gene regulatory networks. It was shown 267 that noise is additive in biological networks and, therefore, propagates from regulators to regulated 268 genes (14: 15). To assess whether our model successfully captured this property, we generated a 269 dataset of 2,000 realized random network topologies, and tested whether gene expression variance 270 increased with the number of ingoing regulatory links. As expected, we found that the absolute 271 instrength of a gene had a significant positive effect on gene expression variance (linear mixed-effects 272 model with coefficient $\beta = 0.28$, p-value $\langle 2.2 \times 10^{-16} \rangle$ (Fig 2A), indicating that noise propagation 273 was captured in our model. Furthermore, the mutual information between gene expression variance 274 and absolute instrength was significant (MI = 0.67, p-value $\leq 10^{-4}$, permutation test). High node 275 instrength increases expression noise, in line with the experimental evidence that the noisiness of 276 promoters increases with the number of regulatory inputs (30). 277

We then looked at fitness costs associated with high expression noise in regulators and regulated 278 genes. In a dataset of 1,000 random network topologies, we assessed the mean fitness of the clonal 279 populations of 1,000 individuals under stabilizing selection on the expression level. Each gene was 280 imposed 5 different levels of intrinsic noise, while the intrinsic noise of the rest of the network was 281 kept at 0. We found that increasing the level of expression noise of a single gene decreased the mean 282 fitness of the network (linear mixed-effects model with coefficient $\beta = -0.002$, p-value $\langle 2.2 \times 10^{-16} \rangle$), 283 as expected. However, the strength of this effect depended on the gene centrality. The reduction of 284 fitness due to gene-specific expression noise was significantly, but marginally, affected by instrength 285 (linear model with coefficient $\beta = 0.004$, p-value $< 2.2 \times 10^{-16}$, Fig 2B). The mutual information 286 between mean fitness of the population and absolute instrength was not significant (MI = 0.22, 287 p-value = 0.18, permutation test). However, the mean fitness significantly decreased with node 288 outstrength (linear model with coefficient $\beta = -0.19$, p-value $< 2.2 \times 10^{-16}$, Fig 2C). The mutual 289 information between mean fitness of the population and absolute outstrength was significant (MI =290



Fig 2. Noise propagation is captured by the gene regulatory network model. A -Gene-specific expression variance increases with the absolute instrength of the node, indicating noise propagation is reflected in the gene regulatory network model. The lines indicate the 25% (lower dashed line), 50% (solid line), and 75% (upper dashed line) fitted quantiles. **B**, **C** - Gene-specific expression variance decreases fitness in gene networks under stabilizing selection on gene expression level. Increasing the level of gene-specific expression noise reduces the mean fitness of the clonal population. The mean fitness of the population is significantly, but marginally, increased by noise in genes with higher node instrength (B), and significantly decreased by noise in genes with higher node outstrength (C). Lines represent the smoothed conditional means and grey bands represent the 95% confidence interval bands. Coefficients, p-values and partial marginal R^2 measures are estimated using linear mixed-effects models with expression variance or mean fitness as the response variable, instrength and outstrength as fixed effect explanatory variables, and the network topology sample as the random effect explanatory variable. Mutual information (MI) p-values were computed with a permutation test with 10,000 permutations.

0.43, p-value $\leq 10^{-4}$, permutation test). Higher fitness cost of expression noise in gene with high outstrength suggests there is a differential selective pressure acting on genes based on their centrality in the gene regulatory network, which we explore in the next section using an *in silico* evolutionary experiment. 294

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Gene expression noise is reduced under a stabilizing selection regime

To investigate how gene-specific expression noise responds to stabilizing selection at the network-297 level, we simulated the evolution of 2,000 random network topologies with and without selection 298 on the gene expression level. We observed that gene expression variance decreased throughout 299 evolution under selective conditions (Fig 3A), and the distribution of intrinsic noise parameters 300 in the population shifted towards lower noise genotype values (Fig 3B), indicating that low-noise 301 alleles conferred a fitness increase to the network. Conversely, gene expression variance remained 302 constant throughout evolution under neutral conditions, and the distribution of noise genotypes 303 reflected only the distribution of random mutations. Replicating the simulations for each network 304 topology sample yielded similar reduction of gene expression variance (Fig 3C) and median noise 305 parameter in the population (Fig 3D). As the initial networks were at their optimal expression level, 306



Fig 3. Gene-specific expression noise evolves in a model with selection. **A** - The distribution of expression levels of an example gene throughout evolution in populations evolved under stabilizing selection on gene expression level and under neutrality. The variance of gene expression level is reduced under selection, but not under neutrality. **B** - The distribution of intrinsic noise parameters of an example gene throughout evolution in populations evolved under selection and under neutrality. The median intrinsic noise parameter skews to lower values under stabilizing selection, but not under neutrality. **C**, **D** - Replicates of the simulations with the same input network and parameters. Replicates have different dynamics, but reach similar outcomes in terms of expression variance (C) and median intrinsic noise parameter (D) in the evolved populations. The evolution of each network topology sample was replicated 10 times under selection and 10 times under neutrality.

the mean expression level did not change during evolution and was highly correlated between the first and last generations (Pearson's r = 0.99, p-value $< 2.2 \times 10^{-16}$, SI Section 1.4), confirming that selection acted only on the gene expression variance. Population size had a positive effect on the selective pressure acting on genes, as expected, selection being more efficient in large populations (SI Section 1.3, Fig S3). A population size of 1,000 individuals was chosen for the main simulations as the optimal population size in the trade-off between selecting mutations with small effects and reducing computational speed.

Next, we investigated how individual nodes within a network respond to selection, based on their tentrality properties. 314

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Evolutionary change in phenotypes: regulators reduce their expression noise to a higher degree 318

We first analysed the phenotype change, *i.e.* the relative change in gene-specific expression variance $_{319}$ after evolution. The variance of gene expression depends both on the intrinsic noise of the genes $_{320}$ (that is, its genotype in our model) and the number and noise of the genes it is connected with. $_{321}$

We fitted linear models to assess the impact of the absolute instrength and outstrength measures on the relative change in expression variance for each node in each network. Under selection, both absolute instrength and absolute outstrength had a significant negative effect (linear mixed-effects model with coefficients $\beta_{\text{instrength}} = -0.003$, p-value = 2.9×10^{-10} , Fig 4A; $\beta_{\text{outstrength}} = -0.046$, p-value < 2.2×10^{-16} , Fig 4B), meaning that genes with more and stronger connections reduced their expression variance to a larger extent than less connected genes. The effect was notably



Fig 4. Node-level network centrality measures affect the relative change of gene-specific expression variance under network-level selection. For each gene, the relative change of expression variance before and after evolution (Rel. Δ expr. variance) was averaged over all replicates. A, B - Absolute instrength (A) and absolute outstrength (B) have a significant negative effect on the relative change in gene expression variance in populations evolved under selection. A lower value of relative change of expression variance indicates a bigger reduction in expression variance between the first and last generation and a stronger response to selection. The lines indicate the 25% (lower dashed line), 50% (solid line), and 75% (upper dashed line) fitted quantiles. C, D - Absolute instrength (C) and absolute outstrength (D) have a significant, but negligible, negative effect on the relative change in gene expression variance in the populations evolved under neutrality. The dataset consists of 2,000 populations with unique 40-gene random network topology samples, which were independently evolved 10 times under selection and 10 times under neutrality. Coefficients, p-values and partial marginal R^2 measures were estimated using linear mixed-effects models with relative change of gene-specific variance as the response variable, instrength and outstrength as fixed effect explanatory variables, and the network topology sample as the random effect explanatory variable. Mutual information (MI) p-values were computed using 10,000 permutations.

stronger for outstrength (marginal $R^2 = 0.15$) than for instrength (marginal $R^2 = 5.2 \times 10^{-4}$). 328 Similarly, the mutual information was significant between the relative change in gene expression 329 variance under selection and absolute instrength (MI = 0.09, p-value $\leq 10^{-4}$, permutation test) and 330 absolute outstrength (MI = 0.14, p-value $< 10^{-4}$, permutation test). Genes with high outstrength 331 are strong regulators and their reduction of expression variance to a larger extent indicates that 332 high expression noise is more detrimental in regulators than in regulated genes. Under neutrality, 333 absolute instrength had a significantly positive effect (linear mixed-effects model with coefficient β 334 $= 8.3 \times 10^{-4}$, p-value $< 2.2 \times 10^{-16}$, Fig 4C) and absolute outstrength did not have a significant 335 effect on the relative change in gene expression variance (linear mixed-effects model with coefficient 336 $\beta = 7.1 \times 10^5$, p-value = 0.26, Fig 4D). The mutual information was significant between the relative 337 change in gene expression variance under neutrality and absolute instrength (MI = 0.03, p-value 338 $\leq 10^{-4}$, permutation test) and absolute outstrength (MI = 0.01, p-value $\leq 10^{-4}$, permutation 339 test). These effects are much smaller and of opposite direction than the ones measured in selective 340 conditions, indicating that genetic drift did not cause the effect of centrality measures on expression 341 variance observed in selected populations. 342

Evolutionary change in genotypes: regulators are more likely to respond – and ³⁴⁴ display a stronger response – to selection ³⁴⁵

To investigate differential selective pressure acting on gene-specific expression noise, we analysed 346 the change of intrinsic noise parameters in populations of gene regulatory networks evolved with or 347 without stabilizing selection on the expression level. We measured the selective pressure acting on 348 individual genes as the average reduction in the intrinsic noise parameter relative to the beginning 349 of the evolutionary simulation (see Methods). The selective pressure on genes was found to be close 350 to 0 in neutrally evolving populations, as expected (Fig 5B). In the presence of selection, however, 351 the distribution of selective pressures was found to be bimodal (Fig 5A). Therefore, we binned genes 352 in two categories according to whether they responded to selection (selective pressure > 0.5) or not 353 (selective pressure < 0.5). We then separately analysed the probability to respond to selection and 354 the strength of the response. 355

Absolute instrength had a significant and strongly negative effect (logistic regression with 356 coefficient $\beta = -1.87$, p-value $\langle 2.2 \times 10^{-16}$, Fig 5C) on the probability of a gene to respond to 357 selection, that is, genes with more and stronger incoming links are less likely to respond to selection. 358 Absolute outstrength also had a significant effect on the probability of a gene to respond to selection 359 (logistic regression with coefficient $\beta = -0.08$, p-value = 6.7×10^{-7} , Fig 5D). However, this effect was 360 small and was lost when the interaction terms between instrength and outstrength were included 361 in the model (SI). For a qualitative analysis of the effect of network centrality on the selective 362 pressure acting on individual genes, we fitted linear-mixed effects models on the set of genes that 363 responded to selection, with selective pressure as the response variable. In the genes that responded 364 to selection from the selected populations, absolute instrength had a significant negative effect 365 (linear mixed-effects model with coefficient $\beta = -0.04$, p-value $< 2.2 \times 10^{-16}$, Fig 5E). Conversely, 366 absolute outstrength had a significant positive effect (linear mixed-effects model with coefficient 367 $\beta = 0.03$, p-value $\langle 2.2 \times 10^{-16}$, Fig 5F) on the selective pressure. In the selected populations, 368 the mutual information was significant between the selective pressure and absolute instrength (MI 369 = 0.19, p-value $\leq 10^{-4}$, permutation test) and absolute outstrength (MI = 0.31, p-value $\leq 10^{-4}$, 370 permutation test). 371

The increased selective pressure in genes with high outstrength (strong regulators) can be 372 explained by noise propagation to downstream elements. Namely, expression noise in regulators 373 propagates to the genes they regulate, increasing the overall expression noise in the gene regulatory 374 network. If gene expression levels in the network are under stabilizing selection, expression noise is 375 deleterious. Therefore, regulator genes experience a comparatively higher selective pressure to reduce 376 expression noise than regulated genes. In the neutral populations, neither absolute instrength nor 377 absolute outstrength had a significant effect (linear mixed-effects model with coefficient $\beta_{\text{instrength}} =$ 378 2.4×10^{-8} , p-value = 0.99, Fig 5G; $\beta_{\text{outstrength}} = -1.2 \times 10^{-5}$, p-value = 0.49, Fig 5H) on the selective 379 pressure. Similarly, the mutual information was not significant between the selective pressure and 380 absolute instrength (MI = 0.005, p-value = 0.34, permutation test), nor absolute outstrength (MI = 381 0.005, p-value = 0.45, permutation test). 382

In contrast to regulator genes, we found that regulated genes, *i.e.* genes with high node instrength, are less likely to respond to selection and the selective pressure decreases with node instrength. Since the expression noise of genes is a sum of their intrinsic noise and noise propagated from upstream elements, the contribution of intrinsic noise to the total noise of the gene will be comparatively smaller in strongly regulated genes. The network can thus respond to selection either by reducing the intrinsic noise of the focal gene, or by reducing the intrinsic noise of any of the upstream elements, which would reduce propagated noise. As a result, there is a relaxation of selective pressure in 389





regulated genes, which is distributed on upstream genes. On the other hand, the same mechanism ³⁹⁰ increases the selective pressure on upstream genes, *i.e.* regulators. ³⁹¹

To check the robustness of our results, we performed the node-level network centrality analysis 392 on two additional datasets with different topology structures: scale-free (Barabási–Albert) and 393 small-world (Watts-Strogatz) topology models. We find consistent effects (direction and significance) 394 of local network centrality metrics on the selective pressure acting on gene-specific noise across 395 topology models, showing that our findings are robust to the topology model used (SI Section 4). 396 However, the effect size of network centrality metrics differed between the topology models, pointing 397 at an effect of the topology model on noise propagation and the evolution of gene-specific expression 398 noise, which we investigate in the next section. 399

Global network properties affect the evolvability of expression noise and selective 400 pressure on constituent genes 401

Lastly, we analysed how topological structures and graph-level network properties affect the expression 402 noise response of constituent genes to selection on a joint dataset of random (Erdős–Rényi), scale-free 403 (Barabási–Albert) and small-world (Watts–Strogatz) network topologies. Jointly analysing genes 404 from all three topology types with linear models, we observed statistically significant interactions 405 between instrength and outstrength and network topology types on both the probability to respond 406 to selection and the selective pressure acting on gene-specific expression noise (Table 1). We found 407 that genes in scale-free networks have a significantly higher probability of responding to selection 408 than genes in random networks. These results are in agreement with previous studies reporting 409 a higher evolvability of scale-free networks (31; 32). Conversely, genes in small-world networks 410 have a significantly lower probability of responding to selection than genes in random networks. 411 Furthermore, there are significant effects of interactions between instrength and outstrength with 412 the topology type on the selective pressure on constituent genes. 413

To investigate which global topological features of the three network models affect expression 414 noise evolution, we performed a principal component analysis (PCA) on 12 graph-level measures. 415 The first two dimensions of the PCA expressed 85.4% of the total dataset inertia (Fig S8A), so 416 we used the first two principal components (PCs) as synthetic explanatory variables in linear 417 mixed-effects models. The loading of the first synthetic variable (PC1) is dominated by negative 418 loadings of diameter and mean path distance, and the centralization measures, namely positive 419 loadings of outdegree and closeness centralization and negative loadings of indegree and betweenness 420 centralization. The diameter of a network is defined as the longest shortest path between any two 421 nodes. Centralization is a measure of the extent to which a network is centered around a single node 422 and can be computed from different centrality metrics. The loading of the second synthetic variable 423 (PC2) is dominated by the negative loading of the average degree, average indegree and average 424 outdegree measures (Fig S8B). For a more intuitive interpretation, the signs of both PCs have been 425 switched in the statistical analysis. Therefore, PC1 shown in the results is dominated by positive 426 loadings of diameter, mean path distance, indegree centralization and negative loadings of outdegree 427 centralization, and PC2 is dominated by positive loadings of average degree. We refer to PC1 and 428 PC2 as synthetic network diameter and centralization and synthetic average degree, respectively. 429

The average expression variance per network is significantly negatively affected by synthetic ⁴³⁰ network diameter and centralization (linear model with synthetic network diameter and centralization ⁴³¹ coefficient $\beta = -6.19$, p-value $< 2.2 \times 10^{-16}$) and significantly positively affected by the synthetic ⁴³² average degree (linear model with synthetic average degree coefficient $\beta = 13.26$, p-value $< 2.2 \times 10^{-16}$). ⁴³³ The mutual information was significant between the average expression variance per network and ⁴³⁴

synthetic network diameter and centralization (MI = 0.21, p-value $< 10^{-4}$, permutation test) and 435 synthetic average degree (MI = 0.21, p-value $< 10^{-4}$, permutation test). This finding means that 436 global network properties affect the amplification of noise through noise propagation between the 437 genes. Specifically, networks with a lower diameter, mean path distance, indegree centralization, 438 and higher outdegree centralization and average degree, had higher average gene expression variance. 439 In the selected populations, the average selective pressure per network was significantly negatively 440 affected by both synthetic network diameter and centralization and the synthetic average degree 441 (linear model with synthetic network diameter and centralization coefficient $\beta = -0.003$, p-value = 442 4.9×10^{-11} , Fig 6A; synthetic average degree coefficient $\beta = -0.009$, p-value $< 2.2 \times 10^{-16}$, Fig 6B). 443 The mutual information was significant between the average selective pressure per network and 444 synthetic network diameter and centralization (MI = 0.27, p-value $\leq 10^{-4}$, permutation test) and 445 synthetic average degree (MI = 0.26, p-value $\leq 10^{-4}$, permutation test). This result shows that 446 the average selective pressure acting on gene-specific expression noise in networks decreases with 447 an increase of network diameter, mean path distance, indegree centralization and average degree 448

Table 1. Network topology type affects the probability of responding to selection and selective pressure on gene-specific expression noise under stabilizing selection on gene expression level.

Response	Explanatory variable	Beta	\mathbf{SE}	\mathbf{p} -value ¹	
Probability of responding to selection	Instrength	-1.9270	0.0284	$<2.2\times10^{-16}$	****
	Outstrength	-0.0829	0.0226	$<2.6\times10^{-4}$	***
	Scale-free (BA) $topology^2$	0.9209	0.1075	$< 2.2 \times 10^{-16}$	****
	Small-world (WS) topology ³	-0.2684	0.0945	0.0045	**
	$Instrength:BA^4$	0.0120	0.0516	0.8159	n.s.
	Instrength:WS	0.0006	0.0401	0.9873	n.s.
	Outstrength:BA	-0.2947	0.0252	$<2.2\times10^{-16}$	****
	Outstrength:WS	-0.0728	0.0333	0.0287	*
Gene-specific selective pressure	Instrength	-0.0377	0.0004	$<2.2\times10^{-16}$	****
	Outstrength	0.0347	0.0003	$< 2.2 \times 10^{-16}$	****
	Scale-free (BA) topology	0.0019	0.0012	0.1404	n.s.
	Small-world (WS) topology	0.0222	0.0013	$< 2.2 \times 10^{-16}$	****
	Instrength:BA	0.0143	0.0007	$< 2.2 \times 10^{-16}$	****
	Instrength:WS	-0.0055	0.0006	$<2.2\times10^{-16}$	****
	Outstrength:BA	-0.0151	0.0003	$<2.2\times10^{-16}$	****
	Outstrength:WS	-0.0075	0.0005	$<2.2\times10^{-16}$	****

¹ Coefficients and their significance were computed using linear mixed-effects models (see Methods). The dataset consisted of 3,000 populations with unique 40-gene random, scale-free and small-world network topology samples, which were independently evolved 10 times under selection and 10 times under neutrality. The selective pressure on each gene was calculated as the average normalized reduction of the intrinsic noise parameter during the evolutionary simulation and summarized as the mean over all replicates in each scenario. Genes were termed responsive to selection if their selective pressure was above 0.5. Asterisks indicate statistical significance: n.s. - p-value > 0.05; * - p-value ≤ 0.05 ; ** - p-value ≤ 0.01 ; **** - p-value ≤ 0.001 ; **** - p-value ≤ 0.0001 .

 2 Barabási–Albert network model.

 3 Watts–Strogatz network model.

⁴ Colons (':') indicate variable interactions.



Fig 6. Global network properties affect the average selective pressure acting on gene expression noise under stabilizing selection on gene expression level. A, B - Principal component variables consisting of the diameter and network centralization (A) and average degree (B) have a significant negative effect on the average selective pressure per network. The two synthetic variables were constructed by performing a principal component analysis on 12 graph-level network metrics. The lines indicate the 25% (lower dashed line), 50% (solid line), and 75% (upper dashed line) fitted quantiles. The dataset consisted of 3,000 populations with unique 40-gene random, scale-free and small-world network topology samples, which were independently evolved 10 times under selection and 10 times under neutrality. The selective pressure on each gene is calculated as the average normalized reduction of the intrinsic noise parameter during the evolutionary simulation and summarized over all replicates in each scenario. Coefficients and p-values are estimated using a linear model with average selective pressure as the response variable, and PC1 and PC2 as explanatory variables. Mutual information (MI) p-values were computed with permutation test with 10,000 permutations.

per network. Conversely, the average selective pressure increases with an increase of outdegree 449 centralization (Fig 6A-B). In the populations evolved under neutrality, neither synthetic network 450 diameter and centralization, nor synthetic average degree, had a significant effect on the average 451 selective pressure per network (linear model with synthetic network diameter and centralization 452 coefficient $\beta = -2.8 \times 10^{-7}$, p-value = 0.95; synthetic average degree coefficient $\beta = -1 \times 10^{-7}$. 453 p-value = 0.99, Fig 6C-D). Similarly, the mutual information was insignificant between the average 454 selective pressure per network and synthetic network diameter and centralization (MI = 0.15, p-value 455 = 0.72, permutation test) and synthetic average degree (MI = 0.15, p-value = 0.59, permutation 456 test). 457

Discussion

To study the evolution of gene expression noise, we developed a new gene regulatory network model 459 that incorporates stochastic gene expression, where the gene expression mean and variance are both 460 heritable and, therefore, potentially subject to natural selection. We simulated the evolution of 461 gene-specific expression noise in populations of model gene regulatory networks under selective and 462 non-selective conditions. Under a stabilizing selection regime around optimal gene expression levels, 463 we observed the evolution of noise reduction. However, individual genes responded differently to 464

this global selective pressure. First, only some genes reduced their intrinsic noise, and were marked 465 as "responding to selection". Second, these genes differed in the amount by which they reduced 466 their intrinsic noise. We unravelled the factors that determine both the probability to respond to 467 selection and the strength of the response using several complementary statistical approaches. We 468 used generalized linear models with mixed effects (GLMM), allowing us to jointly test multiple 469 putative factors. GLMMs, however, make several assumptions that might be violated by the data in 470 some cases. To further validate our conclusions, we computed the mutual information (MI) between 471 variables. The results of the MI analyses were consistent with those of the GLMM, demonstrating 472 the robustness of our conclusions. 473

We found that genes of high centrality exhibit a stronger selective pressure to reduce gene-specific 474 expression noise under stabilizing selection on the expression level and the genetic network structure 475 affects the propagation and evolvability of gene-specific expression noise. In the following, we further 476 discuss the implications of differential selective pressure acting on constituent genes in gene networks. 477

Differential selective pressure on genes in gene networks

We found that central genes in gene regulatory networks had a comparatively higher impact on the 479 network fitness and, therefore, gene expression noise in central genes was more detrimental than 480 in peripheral genes. Distinguishing between node input (summarized by the node instrength) and 481 output (summarized by the node outstrength) further allowed us to dissect the selective pressure 482 acting on individual genes. Regulator genes, *i.e.* genes with high node outstrength, were more likely 483 to respond and had a stronger response to selection than non-regulator genes. Regulator genes 484 have been experimentally shown to propagate their expression noise to downstream elements (14), 485 a property well captured by our model. This imposes a stronger selective pressure on them under 486 stabilizing selection on gene expression acting at the network-level. In a genome-wide expression 487 noise screen in Drosophila melanogaster, transcription factors were found to have lower expression 488 variation (33). Suppression of expression noise can be attained through negative autoregulation 489 (34; 35; 36), whereby a regulator acts as its own repressor. Incidentally, 40% of transcription factors in 490 E. coli (37) and many eukaryotic transcription factors (38) have negative autoregulation, indicating 491 a wide-spread control of expression noise in natural regulatory networks. 492

Mechanisms of intrinsic noise reduction

In this study we abstracted and summarized the many determinants of intrinsic expression noise into 494 a single parameter, which can be viewed as a modifier locus that can directly change the intrinsic 495 noise of a given gene. This simplification permitted us to investigate the evolution of expression 496 noise in gene networks with computationally feasible evolutionary simulations. In reality, multiple 497 factors that affect gene expression variance in biological systems have been reported. These include 498 epigenetic factors, such as chromatic dynamics (39) and presence of chromatin remodelling complexes 499 (40). Other factors affect transcription directly and can, therefore, control expression noise: the 500 promoter shape (33), presence of a TATA box (40), presence and number (4) of TF binding sites, 501 TF binding dynamics (41), presence of TF decoy binding sites (42), and transcription rate. Factors 502 affecting translation have also been shown to play a role in controlling noise: miRNA targetting 503 (43), mRNA lifetime, translation rate, and post-translational modifications such as the protein 504 degradation rate. Compartmentalization of proteins by phase separation has also been shown to 505 reduce noise (44). We have demonstrated the existence of a general selective pressure acting on gene 506 expression noise. Biological organisms may differ in the mechanisms used to respond to this selective 507

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pressure, calling for further, data-driven, investigations.

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Global network structure impacts noise propagation and evolution

As instrength and outstrength are local centrality measures, we further assessed the impact of the 510 global network structure on noise evolution by conducting our analyses on three different network 511 topology models. While we found consistent qualitative results with the three models, there were 512 quantitative differences between the network models, which we assessed by measuring graph-level 513 characteristics. We found that network characteristics such as diameter, mean path distance, 514 centralization and average degree affect the propagation of noise within the regulatory network. 515 Given that there is a trade-off between the fitness advantage of reducing gene-specific expression 516 noise at the gene level and its mechanistic cost (for instance, in terms of mRNA processing (45)), 517 evolving the global network structure may offer an alternative way to reduce network-level noise. 518 Several motifs recurrently found in regulatory networks have an impact on expression noise, such 519 as negative (34; 35; 36) and positive autoregulation (38), feed-forward loops (38) and interlinked 520 feed-forward loops (46). 521

It is important, however, to distinguish two aspects when considering the effect of the network 522 structure on the expression dynamics of constituent genes: the network structure, *i.e.* the topology 523 of the graph, and the strength of each of the regulatory interactions, both of which impact expression 524 noise. The same network topology, but with different regulatory interactions strengths, can give 525 rise to markedly different network behaviours. In the qap gene system, for example, it was shown 526 that multiple subcircuits share the same regulatory structure, but yield different expression patterns 527 because of their differences in active components and strength of regulatory interactions (47). It 528 results that network models of gene expression noise must incorporate both graph topology and 529 interaction strength between all constituent genes. The Wagner model constitutes a simple framework 530 that fulfills these two conditions. However, it has its limitations. Namely, it is not fine-grained 531 enough to capture the complex dynamics of real regulatory networks. Models that incorporate higher 532 molecular detail, such as large systems of differential equations, are necessary to precisely capture in 533 fine detail the expression dynamics of a real biological network, but they come with a cost in terms 534 of high computation time (preventing their use in evolutionary simulations), low tractability and, 535 often, the inability to model noise. 536

Implications of selection on expression noise on the evolution of genomes and gene regulatory networks 538

One mechanism by which networks and genomes evolve is gene duplication. Gene duplications are a 539 major source of new genes and thought to be a primary source of evolutionary novelties. It has been 540 long proposed that new functionality arises from duplicated genes by allowing the other gene copy 541 to acquire new functions (neofunctionalization) or improve existing functions (subfunctionalization) 542 by relaxing the selective pressure acting on a single gene through an additional redundant copy 543 (48). However, most of the time the redundant copy is lost before new functionality can arise (49). 544 either by genetic drift alone or because having the extra copy is deleterious. The redundant copy 545 has a chance to evolve a new function or improve an existing one while it is evolving neutrally or 546 reaches fixation in the population, or alternatively, if there is some fitness benefit of the additional 547 copy that increases its frequency in the population. Some benefits of having additional gene copies 548 have been shown, such as increased expression level for genes whose pre-duplication expression level 549 was far from the optimum (50). Moreover, duplicating a gene reduces its expression noise (51; 52), 550

averaging the stochastic events over the two gene copies. The reduction of expression noise may, ⁵⁵¹ therefore, constitute another benefit of a gene duplication, increasing its chance of fixation in the ⁵⁵² population. As the gene number increases in bacterial genomes, the number of regulatory genes ⁵⁵³ increases 4-fold (53), indicating a gene duplication is more likely to stay if the gene is a regulatory ⁵⁵⁴ gene. We hypothesize that selection on expression noise, particularly on regulatory genes, could, ⁵⁵⁵ therefore, be one of the forces driving the maintenance of duplicated genes. ⁵⁵⁶

Applications of the model framework to study complex systems

In this study, we developed a new regulatory and evolutionary model to study expression noise in gene regulatory networks. The model represents key features of evolving gene regulatory networks, namely the non-independence of gene expression levels and fitness determined by the expression level of many or all genes in the network. Our results revealed that differential selective pressure act on intrinsic expression noise of constituent genes and that network-level topological properties affect noise propagation within the network.

Although our study focused on gene regulatory networks, our conclusions potentially apply 564 to a broader range of systems. In particular, we posit that any system that fulfills two essential 565 properties will exhibit a similar behavior: (i) the amount of product of each system components 566 (here called "expression level") are not independent and (ii) the performance (here termed "fitness") 567 is determined by the product level of one or several of the components of the system. There are many 568 other complex systems that fulfill these criteria, such as biological metabolic networks, ecological 569 food webs, neural networks, economies, transportation and other infrastructure networks, and social 570 networks. We expect that the same constraints act on noise in elements of these systems, and that 571 some of the conclusions on gene regulatory networks could be carefully applied to other complex 572 systems. 573

Conclusion

By modeling the interactions of genes in a regulatory network, we showed that the selective pressure 575 acting on a system (gene network) resulted in differential pressures on individual components (genes). 576 With this, we demonstrated that the position of the gene in the network and global network structure 577 impact the evolution of intrinsic expression noise. Investigating how gene networks evolve to cope 578 with expression noise will reveal mechanisms of how complex biological systems adapt to function 579 with an inevitable molecular noise in their components. A better comprehension of these mechanisms 580 is a prerequisite to understand the evolution of complexity in biological systems, from the first 581 self-replicating RNA systems to modern eukaryotic cells expressing tens of thousands of genes. 582

Supporting information

All additional analyses and their results, used parameters, their descriptions and biological meaning, and other information can be found as the supplementary PDF file. The source code for the gene network model and evolutionary simulations is available at https://gitlab.gwdg. de/molsysevol/supplementarydata_expressionnoise/cpp. The R Notebook files and other scripts necessary to reproduce the complete analysis are available at https://gitlab.gwdg.de/ molsysevol/supplementarydata_expressionnoise/scripts. The simulation data necessary to reproduce all figures is available at https://zenodo.org/X.

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Acknowledgments

This work is funded by the International Max Planck Research School for Evolutionary Biology and the Max Planck Society. The authors would like to thank Arnaud Le Rouzic for the beneficial discussions, Andreas Wagner and Gabriel Schweizer for the valuable input during the model development, Arne Traulsen and Tal Dagan for the helpful suggestions throughout the project, Nikhil Sharma for his study on additional aspects of the model, and Andrea Bours, Artemis Efstratiou and Carolina Peralta for the careful reading of the manuscript.

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